A Guru, an Acharya- SomeOne Who shatters the Avidya, the darkness of ignorance away and helps gain knowledge, the power to analyse, to discriminate the right from the wrong, the good from the bad.

My Guru, Dr. Ananda is all that and much much more too. He sets an example as to what a Teacher is to be- a PERFECT ONE- a friend, a philosopher and a guide at all times. All that He has in mind and all that he works for is to make Swamiji’s dreams come true. He dedicates Himself wholly for the cause of Yoga, nothing but Yoga and only Yoga(24x7x365…)

Have not had an opportunity to thank Him for all that He has given me. Being my incessant source of inspiration, He is a role model to me and many others. Though He has many books and DVD’s to His credit, me want to particularly mention and thank Him for the chanting of the Patanjala Yoga Sutras and releasing the Audio CD last week (Me not mentioning this just because me a part of it too).

Some 3 years back, Sir had organized a class for the chanting of these Sutras (the fees He took from us after a lot of persuasion would not be enough even to get peanuts, but His aim was not that, is never that) and it was such great, spiritual experience to those who attended it.

He made us chant the Sutra, explained the intricate meaning of the Sutra in such a simplified manner that me certainly understood the significance of the Sutras and the importance and methodology of how Ashtanga Yoga and its various techniques work on our mind and helps control the Chitta Vrittis.

Reading through different commentaries for the same (with due respect to them all, do not want to debate and sorry no offence meant), me actually understood it only after Sir explained it. He made the complex issues of the conscious/sub-conscious mind so very simple and easy.

He could have just made us chant the Sutras and finished the class. But that is not Him. He always very happily gives more than 100%. Told Him then, that He should think of recording it for the benefit of all.

At last it is here (thanks to Shri Navin Daswaniji of Super Audio for making this happen), soon to be followed by the book with the commentary too. My dream coming true and thanks to Dr. Sangeetha for this. She has put in a lot of hard work and effort for this to happen. An excellent, intelligent, sincere, devoted student of the Gitananda Tradition from Italy. Me would have loved to compile it, would have been and could have been a great learning experience for me, but each one has a role to play. Me could only dream about it as a student of Sir and as a humble learner/student of Yoga but Sir and Sangeetha have made it come true.

ThankYou Sir for all the great opportunities You give us. You create for us that we could be what we are. Personally me would like to thankyou for all that You are - sometimes a kind caring mother, sometimes a concerned relentless father, but
always the Guru Who wants nothing else, thinks of nothing but the welfare of the Sishya, Who expects nothing in return for all that He gives, for all that He does.

A Guru is the envoy of the Divine and You are that and always live that. Me very fortunate indeed to be a student of You, Sir- Who is so open-hearted while appreciating and holds nothing back and equally reprimanding if me go off the track.

Know You are too modest and not going to like this Sir, but me want others to know too as to what You are, what a magnanimous Soul You make!!!! Wanted to say a few words in these lines if me had had an opportunity to, during the release of the Yoga Sutras cd. But unfortunately no, could not do it then. Hence doing it now.

Very proud and privileged to be a student of Dr. Ananda. May the Divine Bless This Humble Humane Being, my Guru, and bestow upon Him all the energy and strength to be that amazing messenger of Yoga, creating awareness of this grand art/science amongst thousands all over the world.

May this Guru Spirit in You bless me always.