After decades of doubt, I have finally come to realize that the Lord / Oversoul / Great Person knows exactly what HE / SHE / IT is doing every single nanosecond. I am certain HE / SHE / IT is over-the-moon-happy to finally receive my stamp of approval!

Every moment life is such a miraculous flow of events, people, situations just merging and diverging as precisely as the motorcyclists in the round cage at a circus manipulate their movements to create patterns split-second timing enough to avoid collisions or the trapeze artists can leap from trapeze to trapeze. Flying though the air with the greatest of ease, averting tragic mishaps by just (again) a nanosecond of talented timing (We have just seen a circus, and this imagery of perfect physical strength, timing and skill is deeply etched in mind).

The Man-Woman Upstairs knows exactly what He / She / It is doing, right down to the unique shape of the tiniest grain of sand on the shores of the Bay of Bengal, just outside our doorstep (Getting closer every year as global warming causes the tides to rise). What a marvel! What a mystery! What a wonder it all is!

We really don’t have to do anything, just mainly watch and enjoy the spectacle. Yet, there is some more to it than that. We do have to purchase tickets for the show. The price of the ticket for this, the Greatest Show in the Cosmos is sincere Yogic Sadhana which produces Vairagya (detachment) and Viveka (Discrimination). Dharma and Karma also are coins of the realm in this transaction, both eventually boiling down to the same meaning i.e. the ability to respond to any place, person situation, challenge in the correct way, at the correct time and with correct skill.

Once we are in under the big tent of the starry heavens, we can enjoy the show! The Lord (I am using this term for want of a better word) only asks occasionally a bit of help from us. For example, at the circus we attended last month. He / She / It asked me to bend forward a little bit in my seat, which I did on impulse. It was just perfect timing to avoid a heavy piece of lighting equipment crashing right behind me, where my head had just been. Because I am alert / aware / awake to His commands and do His / Her / It’s bidding without question, I avoid miseries which have not yet come! (It would have been quite miserable to be hit on the head by 50 kgs of metal!) See how perfect the Lord’s instructions are? We must follow his direction perfectly if we wish to enjoy his show.

We have to help the Lord! The best help we can offer is to obey His commands without question! But to obey him we must hear Him. He speaks in such a soft voice. We must have a perfectly still mind (YOGA CHITTA VRITTI NIRODHA) if we wish to hear what the Lord says.

So it comes to this! To help the Lord we must became skillful, still-full and silent! Then we can attain true entertainment, attaining with great bliss at the Greatest Show in the Universe our own human existence.